

JANUARY 2023

Amherst County Elementary Schools

Chef Salads and Baked Potatoes w/cheese are an additional entrée choice at Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>No School Teacher Workday</p>	<p>3</p> <p>B – Breakfast Pizza Fruit, Milk</p> <p>L – Salisbury Steak w/Roll or Sandwich * Pinto Beans Mashed Potatoes Fruit, Milk</p>	<p>4</p> <p>B – Egg & Cheese Biscuit Fruit, Milk</p> <p>L – Popcorn Chicken w/Roll or Sandwich * Sweet Potatoes V Blend Juice Fruit, Milk</p>	<p>5</p> <p>B – Mini Cinnis Fruit, Milk</p> <p>L – Mac & Cheese w/Roll or Sandwich * Garden Salad Steamed Broccoli Fruit, Milk</p>	<p>6</p> <p>B – Sausage Biscuit Fruit, Milk</p> <p>L – Pizza or Sandwich Cucumber Slices w/dip Garden Salad Fruit, Milk</p>
<p>9</p> <p>B – Chicken Biscuit Fruit, Milk</p> <p>L – Corn Dog Nuggets or Sandwich * Tomato Soup Golden Corn Fruit, Milk</p>	<p>10</p> <p>B – Cinnamon Roll Fruit, Milk</p> <p>L – Chicken Fajitas or Sandwich Lettuce, Tomato Refried Beans Fruit, Milk</p>	<p>11</p> <p>B – Egg & Cheese Biscuit Fruit, Milk</p> <p>L – Chicken & Waffles or Sandwich * V Blend Juice Green Beans Fruit, Milk</p>	<p>12</p> <p>B – Pancake & Sausage Bites * Fruit, Milk</p> <p>L – Cheeseburger on Bun or Sandwich * Lettuce, Tomato Oven Fries * Baked Dessert Fruit, Milk</p>	<p>13</p> <p>B – Sausage Biscuit Fruit, Milk</p> <p>L – Pizza Sticks w/sauce or Sandwich * Garden Salad Broccoli & Carrots w/dip Fruit, Milk</p>
<p>16</p> <p>No School MLK Day</p>	<p>17</p> <p>No School Teacher Workday</p>	<p>18</p> <p>B – Egg & Cheese Biscuit Fruit, Milk</p> <p>L – Chicken Tenders w/Roll or Sandwich * Green Beans Sweet Potatoes Fruit, Milk</p>	<p>19</p> <p>B – Waffles Fruit, Milk</p> <p>L – Lasagna w/Breadstick or Sandwich * Garden Salad Steamed Broccoli Fruit, Milk</p>	<p>20</p> <p>B – Sausage Biscuit Fruit, Milk</p> <p>L – Pizza or Sandwich Garden Salad Carrots w/dip Fruit, Milk</p>
<p>23</p> <p>B – Chicken Biscuit Fruit, Milk</p> <p>L – French Toast, Eggs & Sausage or Sandwich V Blend Juice * Tater Tots Baked Apples, Milk</p>	<p>24</p> <p>B – Frudel Fruit, Milk</p> <p>L – Taco Salad w/Tostitos or Sandwich * Refried Beans Lettuce, Tomato Fruit, Milk</p>	<p>25</p> <p>B – Egg & Cheese Biscuit Fruit, Milk</p> <p>L – Chicken Nuggets w/Roll or Sandwich * Tomato Soup Cauliflower Medley Fruit, Milk</p>	<p>26</p> <p>B – Pancake & Sausage Wrap * Fruit, Milk</p> <p>L – Asian Chicken w/Brown Rice or Sandwich * Peas California Blend Veggies Fruit, Milk</p>	<p>27</p> <p>B – Sausage Biscuit Fruit, Milk</p> <p>L – Pizza Crunchers or Sandwich * Carrots Broccoli w/dip Fruit, Milk</p>
<p>30</p> <p>B – Chicken Biscuit Fruit, Milk</p> <p>L – Chicken Casserole w/Roll or Sandwich * Carrots Peas Fruit, Milk</p>	<p>31</p> <p>B – Breakfast Pizza Fruit, Milk</p> <p>L – Salisbury Steak w/Roll or Sandwich * Pinto Beans Mashed Potatoes Fruit, Milk</p>			