

## Social and Emotional Learning Planning Guide

*ACPS will adhere to the Student Social and Emotional Learning recommendations given by the Social Emotional Wellbeing Committee of the Rediscover, Redesign, and Restart Plan.*

Amherst County Public Schools is dedicated to providing students with effective social and emotional support. ACPS seeks to foster social and emotional competency for students as a response to COVID-19. ACPS has chosen to implement Social and Emotional Learning lesson plans to meet the needs of students across the division. ACPS teachers and staff will implement a series of SEL lessons during the first 3 weeks of school. SEL plans will be separated into five competencies including **Relationship Skills, Self-Management, Self-Awareness, Social Awareness, and Responsible Decision Making**. Teachers and staff will use the [SEL Toolkit](#) to teach 2-3 lessons per week; a total of 6-9 lessons by the end of the 3<sup>rd</sup> week with each competency being covered. Teachers may use more lessons than what is required to meet their students' needs. Please see First Three Weeks Pacing Guide. To ensure the SEL plans are implemented with fidelity, grade/department level teachers will submit their choices of SEL Plans to their administrator and complete a Reflection Survey at the end of the third week.

### First Three Weeks Pacing Guide

Week One	Relationship Skills (2-3 lessons)
Week Two	Self-Awareness & Self- Management (2-3 lessons total; depends on classes' needs)
Week Three	Social Awareness & Responsible Decision Making (2-3 lessons total; depends on classes' needs)

### Three Weeks Implementation Plan

	Name of Lesson/Activity #1	Name of Lesson/Activity #2	Name of Lesson/Activity #3 (optional)
Week One- Relationship Skills			
Week Two- Self-Awareness & Self- Management (one of each required)			
Week Three- Social Awareness & Responsible Decision Making (one of each required)			