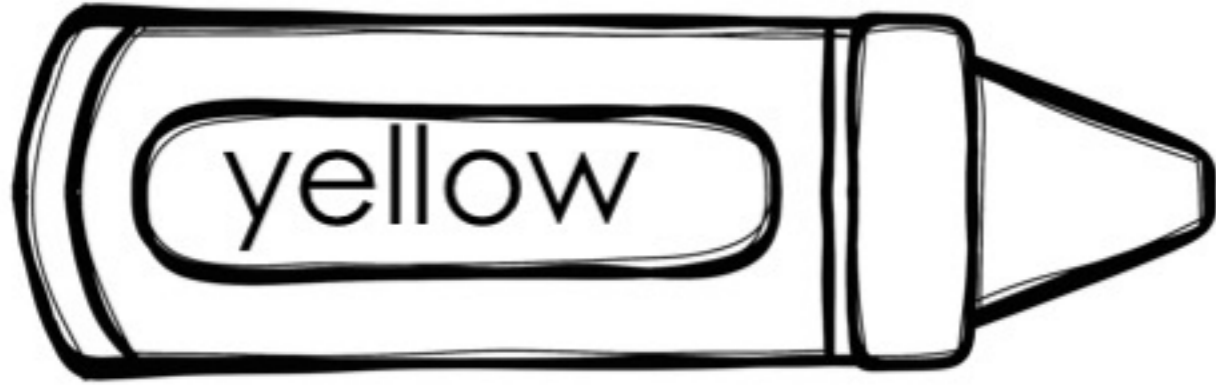


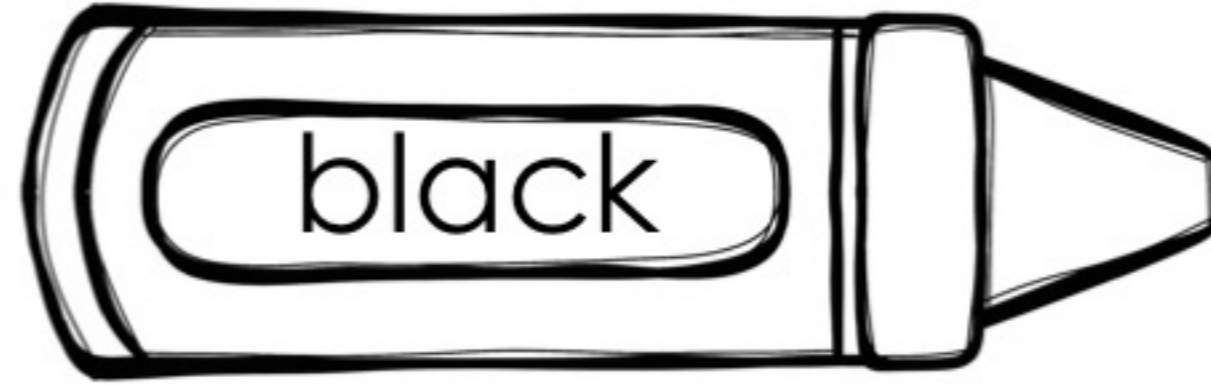
My Daily Goal: _____

Color one space on the picture for each day that you practice your habit or meet your goal!

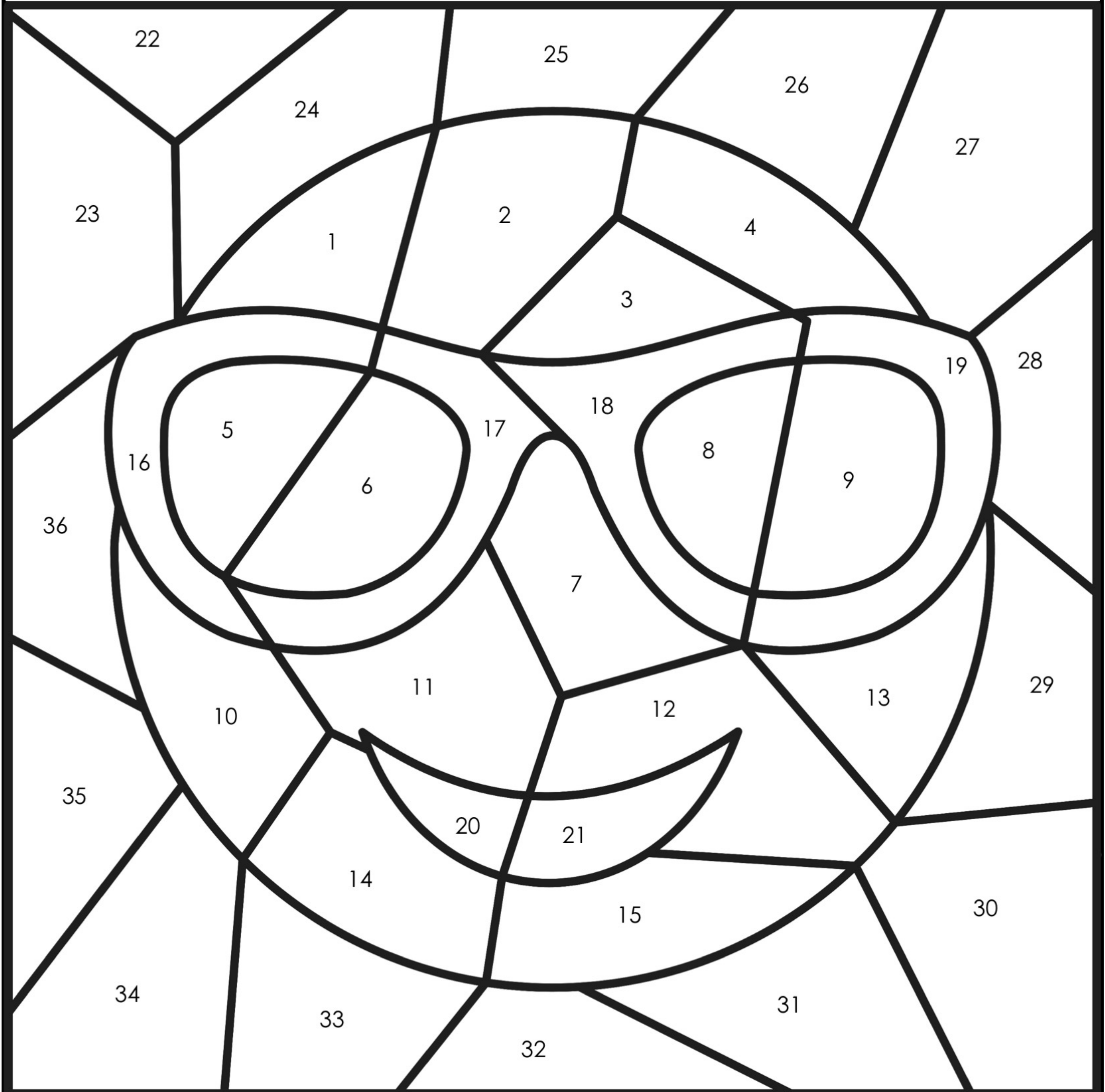
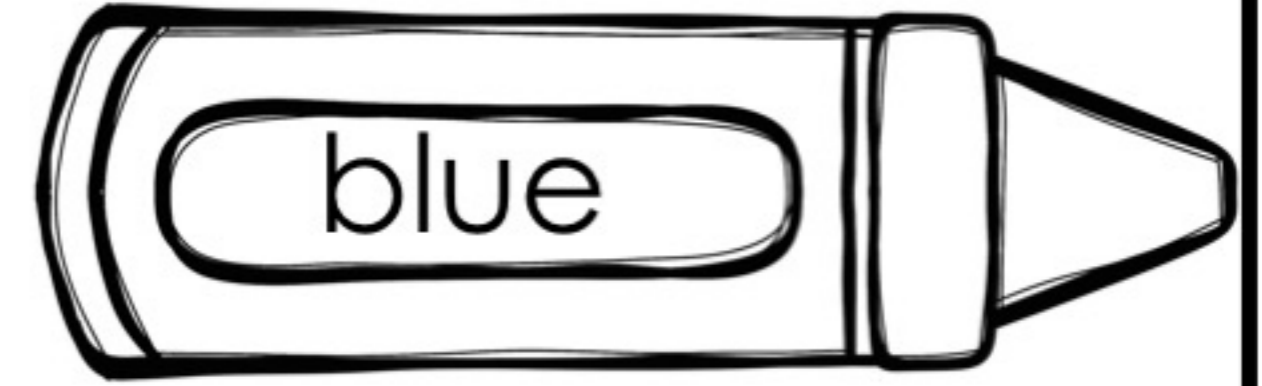
1-15

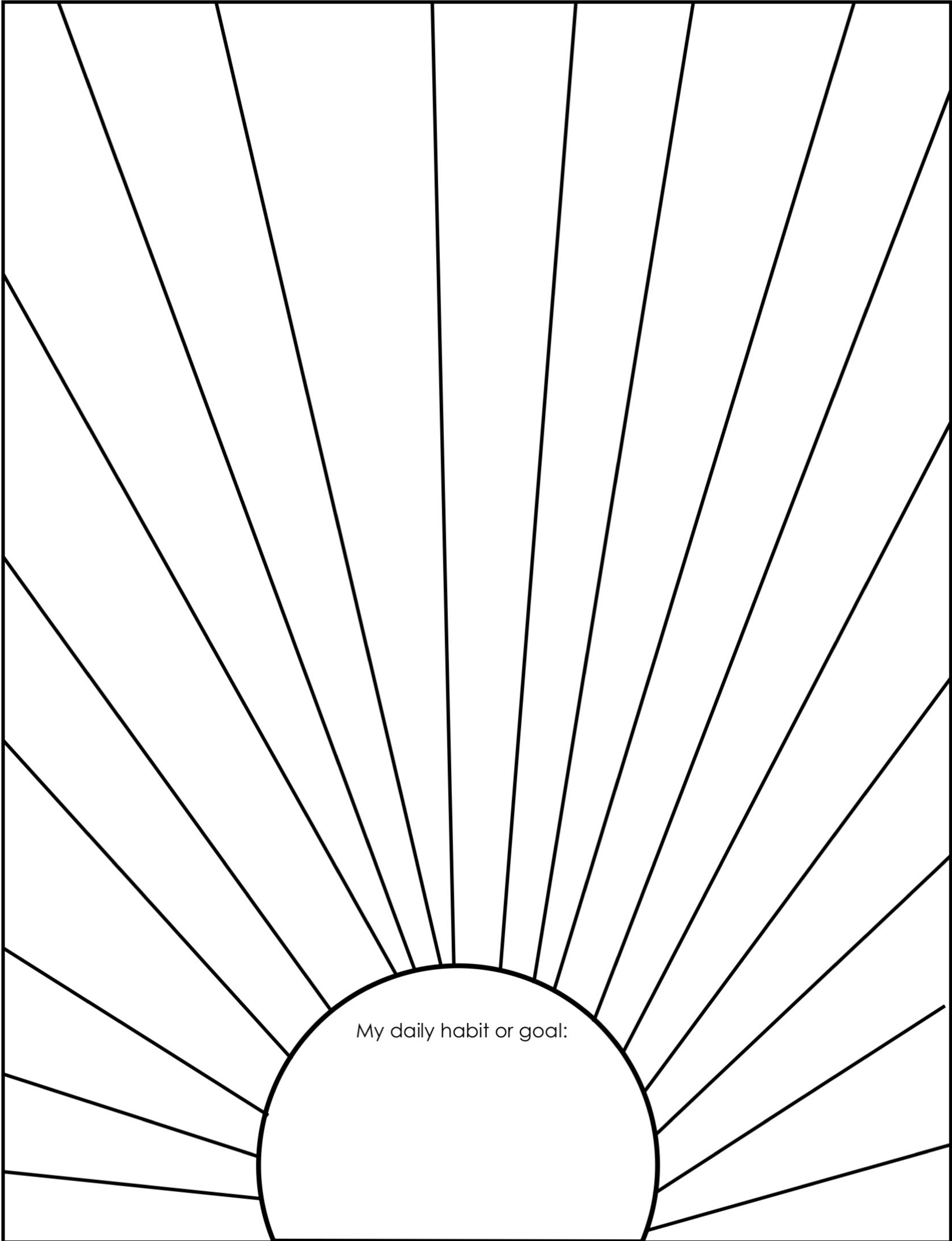


16-21



22-36





My daily habit or goal:

A NOTE FROM COUNSELOR *Keri*



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COUNSELOR *Keri*

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