



- Happy
- Sad
- Angry
- Scared
- Annoyed
- Bored
- Worried
- Confused
- Silly
- \_\_\_\_\_
- \_\_\_\_\_

# What's Poppin'?

Throughout the day, notice how you're feeling each hour. Color the gumballs to show your emotions throughout each day. At the end of the week, look for patterns! What POPS out at you?

