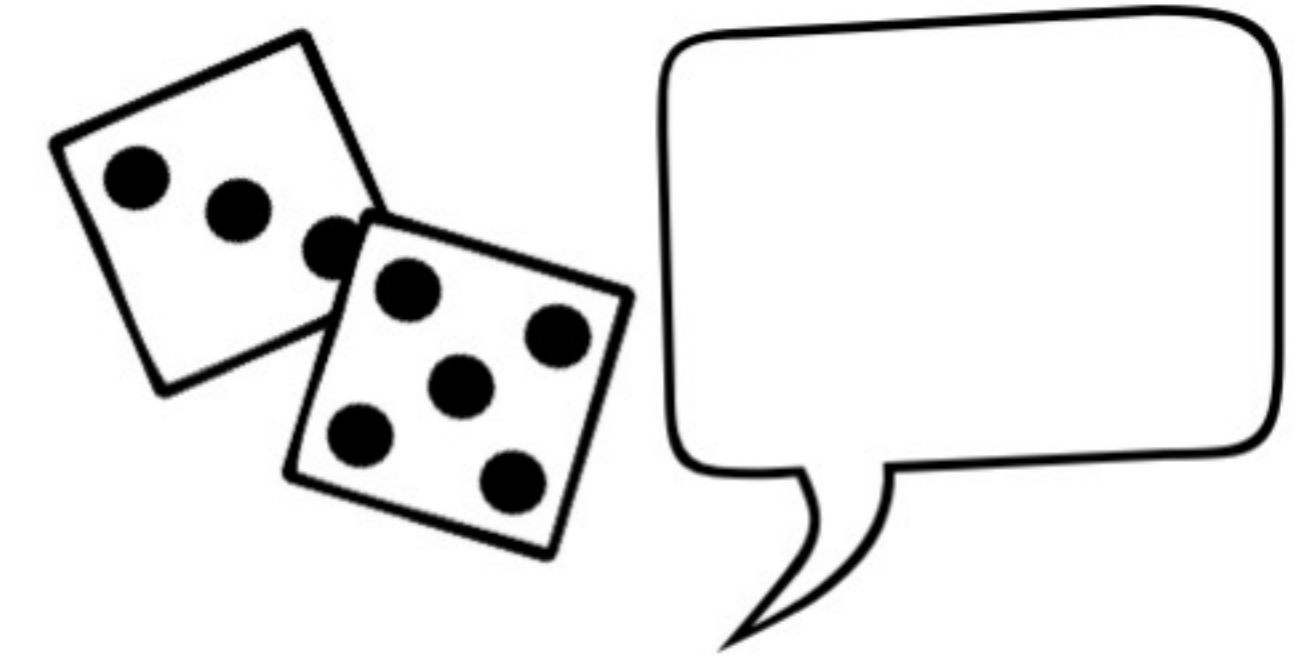


roll & respond



When I feel worried, I notice...

When I feel worried, I need...

When I feel worried, I can...



When I feel angry, I notice...

When I feel angry, I need...

When I feel angry, I can...



When I feel scared, I notice...

When I feel scared, I need...

When I feel scared, I can...



When I feel lonely, I notice...

When I feel lonely, I need...

When I feel lonely, I can...



When I feel sad, I notice...

When I feel sad, I need...

When I feel sad, I can...



When I feel frustrated, I notice...

When I feel frustrated, I need...

When I feel frustrated, I can...

A NOTE FROM COUNSELOR *Keri*



Fellow counselor,

Thank you so much for downloading this resource! Every resource is created with student growth in mind. I hope that these activities will enrich your school counseling program and contribute to your students' development.

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Happy counseling!
COUNSELOR *Keri*

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