

THANK YOU

Thank you for downloading!

I hope this calm down wheel will bring mindfulness, social awareness, and community to your students, and families, whether you are distance learning or in the classroom. Sending my best for you and your students to stay happy and healthy - both emotionally and physically this fall.

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TOU: You are very welcome to share this resource with educators, parents, and students. This product may not be claimed as your own work or sold (it's free for a good reason! 😊)
Thank you for respecting my hard work.

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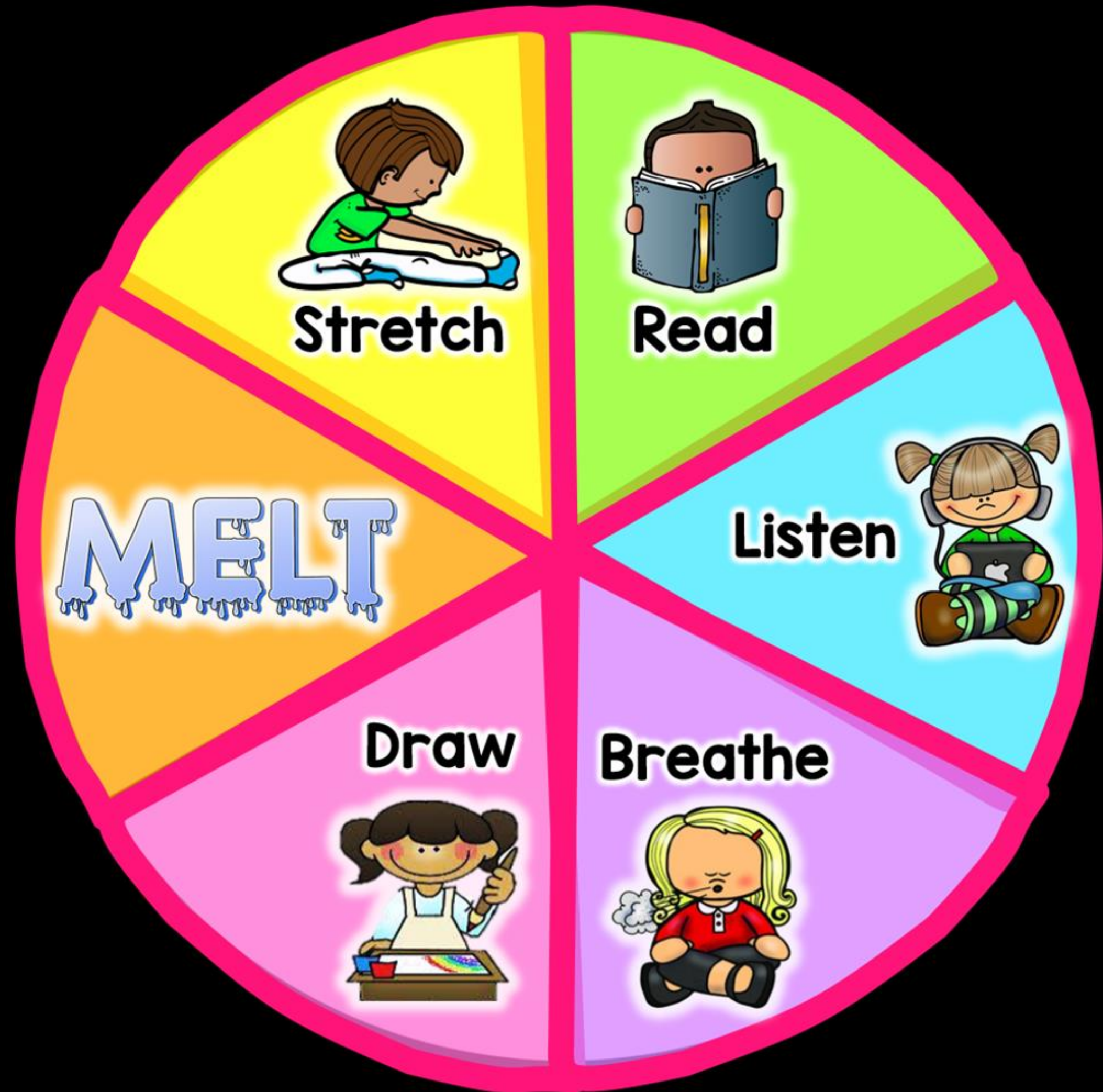
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Click the wheel to Access



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More Fun and New Resources for Primary!



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SCAVENGER HUNTS

indoor/outdoor BUNDLE

Indoor Alphabet Scavenger Hunt

A is for alarm clock	B is for ball	C is for camera	D is for dollar	E is for envelope
F is for fan	G is for glasses	H is for hairbrush	I is for ice cube	J is for jar
K is for key	L is for laptop	M is for microwave	N is for notebook	O is for oven
P is for puzzle	Q is for question mark	R is for refrigerator	S is for scissors	T is for trophy
U is for underwear	V is for video game	W is for window	Y is for something yellow	Z is for zipper

name: _____ score: _____

Neighborhood ABC Scavenger Hunt

A is for apartment	B is for bike	C is for car	D is for dog	E is for envelope
F is for fire hydrant	G is for garage	H is for house	I is for ice cream	J is for jellybean
K is for key	L is for ladder	M is for mailbox	N is for neighbor	O is for orange
P is for park	Q is for question mark	R is for refrigerator	S is for scissors	T is for trophy
U is for underwear	V is for video game	W is for window	Y is for something yellow	Z is for zipper

Outdoor Counting Scavenger Hunt

1. 2 recycling bins	3. beds
2. 5 wheels	6. footprints
4. 3 pictures frames	5. 8 flowers
7. 9 cranes	8. 6 books
9. 4 books	10. 4 books

Indoor Counting Scavenger Hunt

1. 2 recycling bins	3. beds
2. 5 wheels	6. footprints
4. 3 pictures frames	5. 8 flowers
7. 9 cranes	8. 6 books
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25

- ✓ letters
- ✓ numbers
- ✓ shapes
- ✓ rhymes
- ✓ senses
- ✓ science
- ✓ create your own

scavenger hunts for distance learning!

YOGA Growing BUNDLE

- ✓ letter sounds
- ✓ long vowels
- ✓ digraphs
- ✓ shapes

92

printable Yoga Cards

Tt is for table

The illustration shows a simple wooden table with four legs. Below it, a girl with long brown hair is performing a yoga pose, specifically a downward dog variation, with her hands on the floor and feet tucked under her hands.

Distance Learning GOOGLE SLIDES

80

daily virtual class

Rainbow Timers

1:00
2:00
3:00
5:00
8:00

Rainbow Timers

10:00
12:00
15:00
20:00
25:00

Good Morning

[Insert morning message]

Read to Self

[Insert directions]

slides with timers

FREEBIE

Just click the [link](#) to access the full calming wheel for free 😊

*All are welcome to share with students and fellow educators, please do not attempt to sell or claim.



A still life composition featuring a yellow apple with a green leaf, a black mesh pencil holder filled with colorful pencils, and a stack of colorful books (yellow, blue, red, green, pink, green) on a wooden surface. The background is a dark, textured grey.

To share with students, post the link in your google classroom, seesaw, email list, etc.

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Hoping this resource is helpful
to others during these unique and
often challenging circumstances.

Teachers, you are
doing a great job.

You are
appreciated.

♥ Primary Polished

